

The WELL Advisory Group Meeting October 17, 2018 The WELL, 2nd Floor, Shoreline Room

Minutes

- 1. The meeting was called to order at 7:33 a.m. by Jessica Swart
 - A. Members present: Trinity Jackson, Ethan Shaw, Breyana Hilliard, Jamie Hoffman, Mark McGushin, Christa Paul, Nneka Omekam, Elena Larson, Mark Anthony Sohl
 - B. Also present: Jessica Swart, Tori Butler, Bill Olmsted
 - C. Absent: Kate Smith, Jill Farrell, Brittani Gastinell, Juan Espindola
- 2. Introduction of WELL Advisory Group Members
 - A. Everyone introduces themselves and Swart introduces those who are absent.
- 3. Public Comment: None
- 4. Consent Calendar:
 - A. Approval of Advisory Group Minutes for March 7, 2018

 [Consensus for approval of minutes as written: Passed]
- Old Business
 - A. Expansion update: Olmsted
 - Olmsted brings new members up to date with a summary of the WELL expansion project, which is currently wrapping up its design-development phase. He shows a rendering of the expansion illustrating new areas of the building for recreation as well as the health center side. Olmsted also shows renderings of locker rooms, a dressing room area with gender-neutral changing stalls and lockers, as well as the back of house. Swart adds that although cabana rooms are going away, shower space is doubling with more than half being gender-neutral. Also, doors will be removed to make spaces more accessible just like the restrooms in an airport or arena.
 - Hoffman asks whether accessibility for sports wheelchairs through the entry gates is being considered since the existing entry gates are not wide enough. Olmsted said that it has been discussed and that he plans to involve the WELL's Recreation Therapist to identify to what degree it is an issue. Swart notes that all four entries are larger than ADA requirement and states that it does need to be addressed but the team will work on an alternate entry in the meantime.
 - Hoffman asks if changing stations will be added to restrooms. Olmsted states that it
 has been discussed, but has not been resolved or decided on. He acknowledges that
 there is a lack of changing stations on campus.
 - Hoffman asks if there will be a larger sized family-type changing room. Olmsted states
 that the team is working with the Rec Therapist to ensure that at least 1-2 rooms are

- available that suit the needs of wheelchair users. Swart adds that the ultimate goal is to have all shower rooms be as accessible as possible with a universal design so that the accessible spaces are not limited.
- Omekam asks if there has been any consideration to increase parking or bike parking since the expansion results in increased space for members, thus likely resulting in increased participation and traffic. Olmsted states that there is a plan to increase bike parking. The hope is to remove the planting area by Peak Adventures and put in a bike compound. He adds that he is working with UTAPS to bring charging stations for Jump Bikes to campus, one of which will be near the WELL. He is also working with campus police who would like all of the bike compounds throughout campus to operate the same, therefore would like to have input.
- Hoffman asks if more outdoor seating in front of the facility has been considered.
 Olmsted states that it has not been specifically considered but it is good feedback.
 Swart explains that the hesitation in putting permanent seating is due to large events that occur outside on the apron, which requires flexibility with the space, but says temporary seating could be considered.

6. New Business:

- A. Elect new WELL Advisory Group Chair: Swart [MSP: Hoffman, Sohl)
 - Swart explains the student chair position and announces that nominations are being accepted. Jackson and Omekam nominate themselves. Jackson rescinded her self-nomination upon hearing Omekam's self-nomination.

7. Reports and Comments

- A. Interim Executive Director: Olmsted
 - Olmsted states that the majority of his day-to-day lately has been expansion related. The Union
 expansion is wrapping up with an estimated completion and space taking occupancy in
 December. In the WELL, the Fire Marshall is reviewing the existing facility to determine
 expansion requirements related to fire code. He adds that this process is one of the reasons
 that the WELL has not advanced into the schematic design phase.
 - The WELL hired an outside consulting firm to study the intramural fields on campus. Multiple
 entities use the space, which is in disrepair; it is not fenced, has no lighting, etc. The review
 includes all users of the space to determine what modifications need to be made to create
 more useable and secure space for everyone involved. More info to come.

B. Assistant Director: Swart

- Swart shares updates, highlights and upcoming events.
- In the spring, the WELL lost its part-time recreation therapist. The position was changed to a full-time position and a full-time Recreation Therapist, Alivia Gok, has been hired.
- Fitness did a refresh of cardio equipment, most of which is equipped with Bluetooth and capable of accessing member's Netflix and Hulu accounts.
- The WELL is partnering with Student Health to add their events to MindBody, which is the program that fitness uses to manage the scheduling and sign-ups for group fitness classes.
- The WELL is taking part in the Partnership for Healthy America through Assistant Director Blessinger along with other campus partners.
- NIRSA board of directors hosted a quarterly meeting in the WELL last week. The event included
 a panel of campus wellness representatives including Kate Smith, Joy Stewart-James, Reva
 Wittenberg and Danielle Munoz. Area NIRSA members were invited to join the town hall to

- discuss campus wellness.
- Swart acknowledges that member check-ins are down this semester and they were in the spring as well. She states that she will be looking into it and addressing it with the strategic plan. The thought is that it is possibly due to the new fitness area in the new residence halls.

C. Advisory Group members

- Hilliard states that Housing had meeting last week where it was confirmed that the new fitness
 area is only available to residents of Riverview Hall. She adds that Housing plans to host
 "Workout Wednesdays", where all participants will walk together from the residence halls to
 the WELL to workout.
- Sohl asks about the fitness trail project that was discussed last semester. Hoffman states that she will have an update by next meeting.
- Larson praises the corporation for holding focus groups related to expansion. She states that she participated herself and felt that it was a great learning experience on individual preferences and privacy concerns.
- Omekam announces that the WELL is holding a Hiring Expo event on 11/5 and 11/8 to educate students on how the WELL functions and the different positions available within the WELL.
 Information will be sent out to members.

8. The meeting was adjourned at 8:31 am

Respectfully Submixted:

Authorized Signature

Date