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The WELL Advisory Group Meeting
November 28, 2018
The WELL, 2nd Floor, Shoreline Room
Sacramento State

Minutes

1. The meeting was called to order at 7:32 a.m.
 - A. Present: Nneka Omekam, Trinity Jackson, Christa Paul, Ethan Shaw, Jamie Hoffman, Mark McGushin, Harrison Anderson (in place of Hillyard), Elena Larson, Mark Sohl,
 - B. Also present: Kate Smith, Bill Olmsted, Jill Farrell, Tori Butler. Guests Andrew Reddish and Alivia Gok.
 - C. Absent: Jessica Swart, Breyanna Hillyard, Juan Espindola
2. Public Comment: Hoffman announces that a wheelchair lift is being installed at the pool today at 9am.
3. Consent Calendar:
 - A. Approval of Advisory Group Minutes for October 17, 2018
[Consensus for approval of minutes as written: Passed]
4. Old Business
 - A. Expansion update: Olmsted & Smith
 - Olmsted states that the University Union expansion is still on track to open in the spring semester. The Fire Marshall will review the building next week to determine the timeline for moving furniture in. A separate review will determine when people can be moved in.
 - Smith states that there are no major updates or changes to the WELL expansion renderings. She mentions that the project is currently facing issues with interpretation of fire code by the current Fire Marshall, which may result in updates to the existing fire alarm system. Ground breaking still cannot be determined, but the hope is that it will be June 2019 as planned.
 - B. Field Space Feasibility Study: Smith
 - Smith states that a feasibility study is being conducted for the Intramural Fields, which affects many other stakeholders on campus including ROTC, SOAL, Peak Adventures and Sports Clubs. The goal is to determine needs and cost for turfing parts of field, adding lighting, and improve the space in general. She is hoping to share results of the study at the February meeting. In the meantime, Olmsted and VP of Student Affairs, Ed Mills, are

determining the next steps.

5. New Business:

A. Program Highlight: Reddish & Gok

- Assistant Director of Intramural Sports and Staff Development, Andrew Reddish, speaks about the All-In Recreation (AIR) program and introduces the WELL's new full-time Recreation Therapist, Alivia Gok. Reddish shows a presentation on WELL assessment projects and explains the assessment process, which involves conducting surveys with members, participants, program officials and current staff. Reddish goes over the data and statistics from survey results, which convey that campus recreation has a positive impact on students. Reddish states that alumni and previous employees are also surveyed to find out how they feel upon reflecting on their experience at the WELL years later. He shares some of the worded responses directly from alumni staff and states that the data from these surveys was used for the WELL hiring Expo event, where staff had opportunity to highlight employment opportunities in The WELL and answer any common questions regarding specifics involving employment.
 - Hoffman asks if Reddish intends to publish data. Reddish states he would love to and notes that he presented the campaign to the Cal State NIRSA directors meeting in July.
 - Omekam states that percentages are very high but asks if there is a hope to improve the numbers. Reddish states that there is always room for improvement and yes, the goal is to increase numbers.
 - Olmsted asks if alumni will be surveyed annually. Reddish states that it rotates every other year between the current staff and alumni.
 - Paul asks how many employees responded. Reddish states that there was about a 50% response rate.
 - Anderson asks if the surveys were anonymous or if names were attached. Reddish states that participant surveys are anonymous and he believes that is the case for all surveys, but there is an option to provide contact information. Smith adds that staff were asked which department that they worked in, because the data was able to categorize departments.
 - Sohl asks if there are plans to increase the number of questions on the alumni staff survey. Reddish states there may possibly be a change to 5 of the 40 questions. He adds that alumni staff have been surveyed once and current staff once, but now that baseline data has been established, it would be good to keep questions consistent for comparison. Smith adds that the survey will start asking alumni for data about employment after college.
 - Shaw asks if data could influence any internal policy changes based on negative responses. Reddish says yes, of course any concerns or issues will be addressed.
- Gok discusses the history of All-In Recreation (AIR) and shows a compilation video created by WELL marketing team of AIR sports such as wheelchair basketball, wheelchair rugby, and adaptive climbing. She then shares some fall participation comparisons from 2017 to 2018, which indicate that participation increased and the program has grown. She discusses services that have been added this semester including an ASL sign-language interpreter for group fitness classes. She also plans to conduct focus groups to hear directly from participants what they want more of, what to add, and how to improve. She will analyze the feedback and try to come up with new offerings, possibly

spring 2019. Gok Then shares some goals that she has for AIR and shows the roster of events coming up in 2019.

- Larson asks whether the AIR participants are students or community members. Gok explains that most participants are WELL members, but there are community members participating since the transition students are not technically Sac State Students, although they are on campus.

6. Reports and Comments

A. Interim Executive Director: Olmsted

- Olmsted mentions the recent campus closure due to the poor air quality caused by the regional fires, adding that he is part of the critical response team and was part of the difficult discussions and decision-making. He states that he believes that more emphasis will be placed on air quality and creating baselines for determining how to handle this type of scenario in the future.
- Olmsted speaks about Fire Marshall hurdles with the WELL Expansion project. He explains that the project itself is not in question, but the hold-up is with the current Fire Marshall's interpretation of code regarding the existing building. Especially with major fires throughout the state, they want to thoroughly review what is currently in place. Olmsted assures that the group will be updated on any determinations that are made.
- Olmsted acknowledges that the Jump Bike charging stations mentioned during the last meeting have not happened yet, but it is still in the works. He notes that there is definitely an increase of Jump Bikes on campus.

B. Director: Smith

- Smith thanks guests Reddish and Gok, and explains that she wanted to take the chance to highlight the work that is done in the WELL to the group, rather than just discuss policies and budget.
- Smith announces that The WELL currently has 25,263 members, and 95.7% are students as of yesterday. Which is an all-time high as far as activated student memberships.
- Smith provides an update on cancelled and rescheduled events due to the campus closure. She states that she and the member services department have been fielding questions from non-student members regarding membership dues. She states that all members will receive an additional free guest pass good through January 13.

C. Assistant Director: Swart

- Not present.

D. Advisory Group members

- Sohl welcomes Smith back and thanks Reddish and Gok for their presentation He adds that he is glad that Union WELL Inc. is being flexible with the campus closure.
- Anderson states that during the closure, residence hall students were concerned about not being able to work out. The decision was made to open the Riverview Hall fitness center to all residence hall students, whereas it is normally only open to Riverview Hall residents. They are now urging students to resume using the WELL.
- Omekam welcomes Smith back, thanks staff who worked through closure, and announces that she accepted a full-time job as Diet Assistant and will be leaving the WELL in addition to her position as Chair of the WELL Advisory Group. Smith states that a new Student Chair will be elected in February, and urges anyone interested to ask her or Omekam questions.

7. The meeting was adjourned at 8:38am.

Respectfully Submitted:

Trinity Jackson
Authorized Signature

2/6/19
Date