



California State University, Sacramento
The WELL
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The WELL Advisory Group Meeting
December 2, 2020, 7:30am
Zoom Meeting

MINUTES

1. The meeting was called to order at 7:32 a.m. by Ashraf
 - A. Present: Sadia Ashraf, Ethan Shaw, Jenny Ruiz, Lily McCalla, Luis Moya, Nadine Braunstein, Nneka Omekam, Rebecca Woolston
 - B. Also present: Kate Smith, Bill Olmsted, Jessica Swart, Jill Farrell, Tori Butler
2. Welcome & Introductions
 - A. Everyone introduces themselves again since all members were not present at the previous meeting.
3. Public Comment: None.
4. Consent Calendar:
 - A. Approval of Advisory Group Minutes for October 14, 2020
[Consensus for approval of minutes as written: Passed]
5. Old Business
 - A. Expansion update: Olmsted & Smith
 - Smith shares progress photos along with a brief overview of the WELL expansion project, and notes that a second camera has been set up to live-stream the project in real time. She adds that the project is moving quickly and is on track to complete fall or winter of 2021.
 - Olmsted states that, because rain has been minimal, the project is proceeding and progressing nicely. The current focus is on exterior work so that it's complete prior to the rainy months. He shares photos of samples of the metal panels that will enclose the new emergency exit in front of the building from the second floor of SHCS (Student Health & Counseling Services), as well as samples of the concrete panels that will be used for the exterior of the expanded areas. Olmsted adds that the contractor has been asked to fast track projects scheduled for later next year, in order to complete them while campus is closed. This will require additional crews and longer hours in an attempt to move the project along, so the schedule is being worked out with the contractor and campus.
 - B. Outdoor In-Person Programming: Smith
 - Smith reminds the group that at the last meeting she announced that a 28,000 square foot space in PS3 (parking structure three) was being prepared for outdoor recreation. The challenge since then has been with rain and learning how water travels through and around the space. Multiple

sandbag deliveries have occurred and one strip of rubber flooring will be moved over so that equipment doesn't have to be closed off. She shares photos of the space and equipment available, and notes that in 12.5 days of operations there were 2,035 reservations, with 1511 check-ins. Lap swim also opened and had 185 reservations and 99 check-ins in 15 days.

- Moya asks if the contest on social media has influenced participation. Smith explains the WELL Warriors program. She states that it has had good response but she cannot say whether it impacted participation.
- Omekam asks if contact sports are not being offered because of restrictions or because of lack of space. Smith explains that contact sports are not allowed at this time. She notes that safe tournament opportunities are being explored such as the spring golf tournament, which may be proposed to occur since golf courses are open.
- Regarding the email from president Nelsen on depopulating campus, Shaw asks if regulations for outdoor recreation had to be adjusted. Smith states that Nelsen approved ASI and Union WELL Inc. to continue outdoor and in-person operations since the approved safety plans were in alignment with what Sacramento county currently allows. If something comes up that warrants further risk assessment or closure, SHCS would be heavily involved and would implement any precautions necessary. Olmsted adds that when Sacramento county went into the purple tier, the adjustments campus made were mostly related to indoor operations. Campus was reminded that outdoor fitness was designed for the purple tier so the team was prepared and already had the appropriate safety plan in place.

6. New Business:

A. Program Pass Proposal: Swart (MSP: Shaw, Moya)

- Swart presents an outdoor fitness program pass proposal. She explains that non-student memberships are currently suspended and will continue to be. Faculty, staff and alumni have been allowed to participate with a \$5 drop-in fee, which is in line with the daily pass rate. The program would offer a \$19 monthly pass rather than paying a drop-in fee. The monthly pass will not renew regardless of use, and no additional commitment is required. She discusses the program structure, timeline, budget and cost, noting that local fitness centers are offering discounts and deals as low as \$10 per month, although not all facilities are open if they do not offer outdoor programming.
- Smith adds that a wide spread campaign is not the immediate goal, it will slowly roll out. People currently using the space will be offered to test out the program. A daily pass will still be offered for those who only visit a couple times. The hope is to know more by January, then advertise on broader scale.
- Olmsted adds that engaging the entire campus community was important, as well as offering something that everyone can take advantage of in a safe way. Non-student participation numbers are fairly low and are expect to go up a little, but not skyrocket.
 - Woolston asks if the monthly pass unlimited for the month, or if there are limits. Swart explains that the pass is unlimited. She notes that on the back-end it is better to offer access for period of time rather than tying the purchase to a number of sessions or uses.
 - Woolston asks if there is a plan in place if the WELL has to shutdown and someone has purchased pass. Would the pass move to next open month? Swart explains that the situation would have to be evaluated. It is usually unknown how long the decision would be in place, so the easiest decision for the short term would have to made.

7. Reports and Comments

A. Executive Director: Olmsted

- Olmsted provides an update on Unique programs, which has had a full calendar of events for fall as they did for summer. He mentions the variety of shows that were offered and notes that they had good attendance. The annual Wish Upon a Star holiday toy drive that is typically displayed in the Union lobby is being held virtually this year. Regarding the WELL, he states that the focus has

been on expansion, noting that the more invasive projects inside are occurring now since it is the best time to conduct such work with campus closed. Projects that would have been extremely disruptive are also being done in the Union such as flooring, rewiring of major spaces, updating building signage inside and out, and replacing the south automatic exterior door and entire storefront. The Union continues to host flu shot clinics for SHCS throughout the fall, although the clinics are being held in the WELL this week due to the Union flooring work. Lastly, ACUI, a professional association that the organization belongs to, has a regional contest for design work and the winners were announced yesterday; the design students and full-time staff submitted a total of 30 projects, of which 21 received 1st, 2nd, or 3rd place awards.

B. Director: Smith

- Smith shares WELL operating hours for December, noting that the hours are similar to Thanksgiving week. She states that virtual fitness programming continues, and notes that group fitness normally decreases programming during dead week and finals week when operating in-person, but there has been a huge request to increase virtual programming during that time. Lastly, the Intramural department is looking to put together a proposal to offer 1-day, smaller events similar to the cornhole tournament that was held over the summer.

C. Assistant Director: Swart

- None

D. Advisory Group members

- None

8. The meeting was adjourned at 8:26am

Respectfully Submitted:

Sadia Ashraf

[Sadia Ashraf \(Feb 10, 2021 14:11 PST\)](#)

Feb 10, 2021

Authorized Signature

Date