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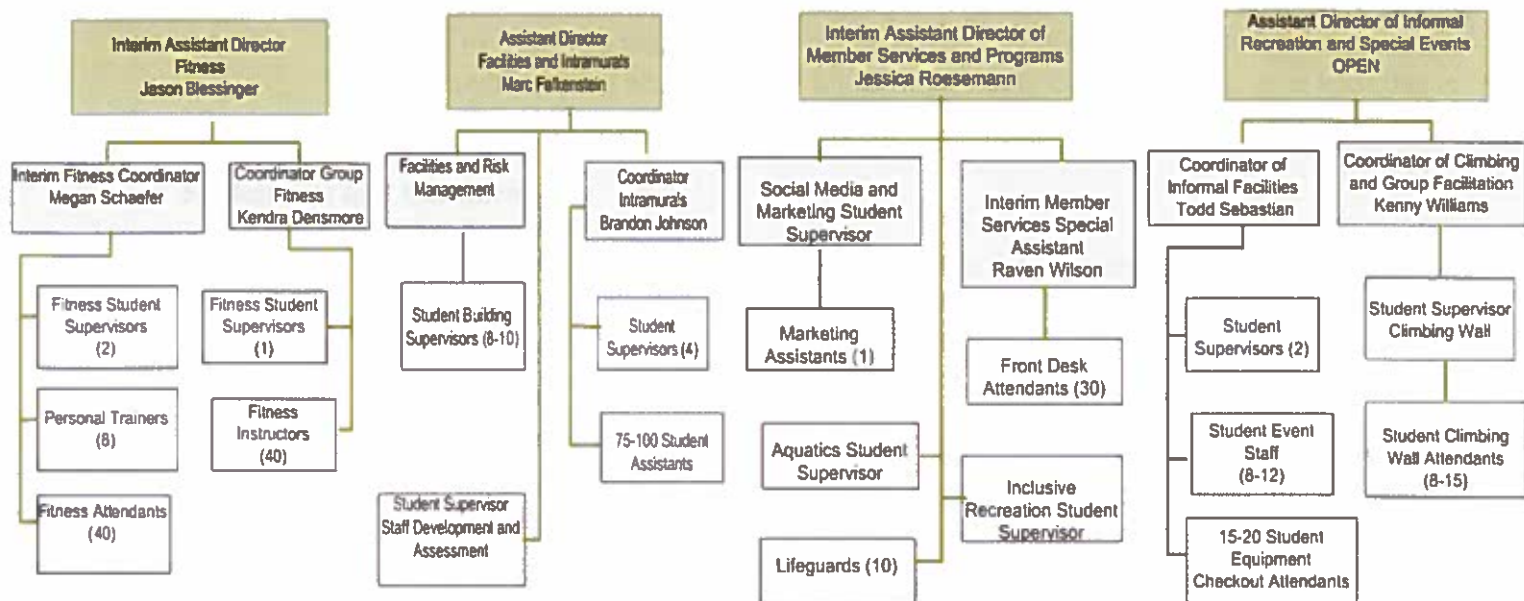
## The WELL Advisory Group Meeting

October 1, 2014

WELL, 2nd Floor, Shoreline Room  
Sacramento State

### Minutes

1. **Call to Order, Chair:** 7:31 a.m. by Kate Smith  
Members Present: Selenne Alatorre, Sam Arredondo, Adriana Bolds, Brittani Gustinell, Elena Larson, Mark McGushin, Michelle Moua, Connor Murray and Kayla White  
Also Present: Leslie Davis, Marc Falkenstein, Jill Farrell, Darcey Hopkins, Kate Smith and Kenny Williams  
Absent: None
2. **Consent Calendar:**
  - A. **Approval of Advisory Group Minutes for March 12, 2014**  
(MSP: Murray / Gustinell)
3. **Old Business:** None
4. **New Business:**
  - A. **Nominate Advisory Group member to Chair the Advisory Group**  
Smith outlined the duties for the chair including but not limited to, working with Smith to set future agendas and facilitate all of the meetings. Adriana Bolds volunteered herself as she is very willing to step up to the plate and has had a lot of training on Robert's Rules of Orders. Connor Murray seconded. No other nominations and all in favor.
  - B. **Welcome New Members**  
Smith and Bold asked that the members and staff go around the table and introduce themselves while providing a little bit of their Sac State backgrounds.
  - C. **WELL Staff Update: Smith**  
Mirjana Gavric who was the Director of The WELL accepted a job at Blood Source while Kate Smith served as the interim Director most of the summer. Sean Basso also left for an amazing opportunity in Tennessee and while we are sad to see him go, we are happy for him and his family. Brandon Johnson also left for a great job opportunity in Southern California. To sum up, the WELL has been down 3 full time staff all summer. This allowed us to look at our organizational chart and identify areas of success and growth. Please see the following charts for a full description of current positions, positions that were reorganized, and what we are interviewing for.



#### D. Climbing Competition: Williams

- I. The Level Up climbing competition is where competitors climb routes in their category for points with a goal of providing both the physical and socio-cultural aspects of wellness. The proposal is that we allow the admittance of climbers from the Sacramento community to compete. Because of the relatively small and very social nature of rock climbing, there exists a strong desire among student climbers to have more competitions that offer the feeling of community and socio-cultural awareness. The Level Up competition is a chance for the climbing community to come together and compete, as well as encourage and learn from one another. The community members who attend the competition will be charged \$15.00 as opposed to the \$8.00 that CSUS students will pay. The community members will be restricted to use of the climbing wall area and restrooms only. All participants will be wearing wristbands to identify their status as either students or community members.
- II. We will be treating this one-time special event as a pilot program. Results of community attendance are expected to bring a positive contribution to the experience, but if public attendance has any negative impact on the event or the students' experience we will no longer offer this option.
- III. *(MSP: Murray / Gastinell)*

#### E. Safety Training: Falkenstein


Part of Falkenstein new role was that he took on risk management. Once a year we conduct all staff training and this year the focus was on safety, responding to emergencies and emergency procedures. He had outlined and identified different scenarios to reenact, pointed out the AED locations, and gave staff a better understanding of what to do in the case of emergencies. He sent out a survey of the training and received overwhelming support. For the candid feedback that was provided please see Falkenstein. There was multiple staff that told us that they want to get more training and be able to practice their skills more than once every 2 years for their recertification. Falkenstein is working on submitting a proposal for emergency skill training based on this feedback. He would like to put on a program that includes all WELL staff that will occur twice a year in which they will have surprise scenario to address. While working on their shift, one employee will

- I. Mark McGushin wanted to thank the WELL staff and Kenny for helping this summer with the Big Sky Athletics Committee, the reviews have been very positive. Thank you.

6. **Information:** None

7. **Adjournment** – 8:15am

Respectfully submitted:

  
Authorized Signature

11/5/14  
Date